

SKATEBOARDING BUILDS MORE THAN TRICKS



*Endorsed by Occupational Therapists for
Child Development*

Strength & Balance

Improves coordination, flexibility,
and gross motor skills — ideal for
kids with motor challenges



Sensory Regulation

Supports vestibular and
proprioceptive development for
better focus and body awareness

Confidence & Connection

Builds self-esteem and social
bonds through shared
skateboarding experiences

Focus & Planning

Encourages persistence, memory,
and decision-making — especially
helpful for ADHD and autism.

Join the movement

☎ 083 739 3293



www.gsk8t.com



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